



Andover Wheelers Cycling Club

Membership Rules

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Document Details

| General Detail | |
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| Abstract | This Rules of Membership document has been produced to define the behaviour expected of members of Andover Wheelers cycling club. Once approved by the Committee it will be published on the Andover Wheelers website. |
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| Owner | Andover Wheelers Cycling Club |

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1 Introduction

1.1 Purpose of this Document

When taking part in a Club related activity, whether this activity involves cycling or not, the conduct of members will reflect directly on the Club itself. Consequently, the purpose of this document is to define the expected standards of behaviour and conduct of Club members when taking part in Club related activities.

1.2 Related Documents

- Club Constitution: *AW_Constitution_v001.pdf*
- Club Welfare Policy: *AW_Welfare Policy_v001.pdf*
- Club Grievance Procedure: *AW_Grievance Procedure_v001.pdf*

These documents are available on the Andover Wheelers website.

2 Code of Conduct

When cycling on the road, all members must adhere strictly to the 'rules of the road' and must not put themselves or others, whether Club members or not, in danger. Safety is of the utmost importance, and members must not only look out for themselves, but also for fellow cyclists.

Each member is an ambassador for the Club and should promote the benefits of being part of the Club whenever they can.

3 Club Kit

The wearing Club kit whenever participating in a Club activity is encouraged. Club kit should be worn whenever participating in cycling events and is compulsory in competitive events run under the auspices of British Cycling and TLI.

4 Club Rides

4.1 Safety and Risk Management

All riders take part in the club rides at their own risk. Those risks can never be totally eliminated but can be minimised by following the advice in section 4.3.

Riders who do not meet standards expected of the Club will have their deviations politely pointed out to them. If the ride leader believes that a rider's conduct is putting others at risk, they have the authority to exclude the offender from the group ride and will subsequently report the circumstances to the Club Committee who may wish to take further action.

4.2 Insurance

Consider your own insurance needs. Ensure that you have Third Party (Public Liability) insurance that covers you whilst cycling. Andover Wheelers recommend club members join either Cycling UK or British Cycling – membership of these organisations includes both Third Party insurance and legal assistance.

4.3 On a Clubrun

The Club's reputation is judged by those we share the roads with. Whether the entire group are wearing Club kit or not it is still an Andover Wheelers clubrun. We must obey all laws of the road. Should anyone in the group break laws or damage the Club's reputation SPEAK UP either directly or to an experienced/senior rider. Or inform a member of the committee.

As a minimum, the 'rules' of riding are:

- Your bike must be in a roadworthy condition, with mudguards in wet/winter conditions. An extended mud flap is an added courtesy to other riders. Tri-bars should not be used in group riding. Riders should carry at least one spare tube that fit your tyres and appropriate tools including tyre levers, pump and multi-tool.
- Riders should dress appropriately for the weather conditions, it's better to be too hot than too cold on a bike.
- Follow the Highway Code at all times - remember we share the road with others.
- Treat other road users with respect, regardless of provocation.
- Stay reasonably close to the wheel in front, but at a safe distance and avoid braking sharply.
- Point to or call out potholes or other obstructions, communicate with the other riders in the group.
- When turning left or right those at the front should alert the group in advance so that the riders at the rear can make the hand signal for traffic behind.
- Ride together as a group and, if the Ride Leader suggests it, follow the rotation practice (Taking turns on the front).
- Advise if a rider is off the back or has a puncture. Always look after the riders behind you.
- Do not weave, keep a constant, parallel (do not half-wheel) and reasonably close distance to the adjacent rider.
- Should you, or should you notice, a puncture or mechanical you should call 'puncture/mechanical' loud enough for the group to hear. The call should be passed up the group if needs be. **THE WHOLE GROUP SHOULD FIND A SAFE PLACE TO PULL OVER AND STOP.** Always wait and keep the group together.
- When coming out of a side road or junction think of the group as one big vehicle. Wait until there is a gap for the whole group to move off together. Again, having cars between the group is dangerous. Should this happen **DO NOT** overtake cars to re-join the group in front.
- Follow and pass on instructions from the Ride Leader, communicate within the group.

Remember if you have an accident then you will have to cover the cost of repair yourself (you cannot blame another rider and claim it from them), so if you don't want the risk of damaging your super-duper machine then it may not be the best bike for the ride - accidents do happen (although rare).

5 Children and Young Adults.

All Club members must read and abide by the Andover Wheelers Welfare Policy.